

MAY/JUNE SCHEDULE – MAY 4-JUNE 19, 2026

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>
<p>ON ICE SOUTH ARENA 4:00-5:00pm Senior 5:00-5:15pm FLOOD/BREAK 5:15-6:00pm RS/STAR 1 6:00-6:15pm FLOOD/BREAK 6:15-7:15pm Intermediate 7:15-8:00pm Junior</p> <p>OFF-ICE 5:15-6:00pm – Int/Sr Jump Class 6:30-7:00pm – Junior Jump Class</p> <p><i>No Jump classes: May 25 and June 15</i></p> <p><i>No Skating: May 18</i></p>	<p>ON ICE SOUTH ARENA 4:00-5:00pm Junior 5:00-5:15pm FLOOD/BREAK 5:15-6:15pm Senior 6:15-6:30pm Senior Spins 6:30-6:45pm FLOOD/BREAK 6:45-7:30pm CanSkate</p> <p>OFF-ICE 5:30-6:15pm- Junior Fitness 6:45-7:30pm- Senior Fitness</p>	<p>ON ICE SOUTH ARENA 4:00-5:00pm Int/Senior 5:00-5:15pm FLOOD/BREAK 5:15-6:00pm RS/STAR 1/Pre-Can 6:00-6:15pm FLOOD/BREAK 6:15-7:00pm Junior 7:00-8:00pm Int/Senior</p> <p>OFF-ICE 5:15-6:00pm – Jr/Int Yoga 6:00-6:45pm – Int/Senior Yoga</p>
<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
<p>ON ICE SOUTH ARENA 4:00-4:45pm Senior 4:45-5:15pm Sr Dance & Skills 5:15-5:30pm FLOOD/BREAK 5:30-6:30pm Intermediate 6:30-6:45pm FLOOD/BREAK 6:45-7:30pm CanSkate</p> <p>OFF-ICE 5:45-6:30pm Senior Dance 6:45-7:30pm Int Dance</p> <p>SCHEDULE IS SUBJECT TO CHANGE</p>	<p>ON ICE SOUTH ARENA 6:30-7:30am Open Session</p> <p>Note: At the discretion of the Skating Director, skaters may be moved to a different session to maintain balance. Skaters wanting to skate 2 sessions in a day are to contact Program Director.</p>	<p>ON ICE SOUTH ARENA</p> <div style="border: 1px solid black; padding: 5px;"> <p>LEVELS Junior – Star 2 Suggested 2-3 days/week Intermediate - Star 3, 4 Suggested 3-4 days/week Senior – Star 5 & Higher Suggested 4-5 days/week</p> </div>